

The Therapy Leader



Golden Bear Physical Therapy Sports Injury Center

SPECIAL POINTS OF INTEREST:

- ATHLETIC PERFORMANCE CENTER TO HELP LOCAL ATHLETES
- POOL THERAPY HELPS
- NEW DOCTORS OF PHYSICAL THERAPY JOIN THE STAFF

New Clinic To Offer Athletic Performance Center

Golden Bear's new Physical Therapy and Sports Injury Center off Bang's Road should be completed by mid-November according to CEO/Owner and Physical Therapist Bobby Ismail. "We're anticipating extremely positive reaction to this new center. We will be offering physical therapy, water therapy and sports performance training that Modesto has never seen before."

"Huff Construction and Bob DeGrasse of L Street Architects have worked very hard and diligently to make this new clinic one of a kind in the Central Valley," Ismail said. "It's no small feat to put in a temperature controlled therapy pool that meets the State Health Department requirements, but Aqua Pools has done an outstanding job helping make this happen."

Matt Willey, DPT, will be the clinical manager of the new clinic. He currently manages the Golden Bear Clinic on Standiford which will relocate when the new



Future Residents of the new Golden Bear Physical Therapy Clinic preview their future workplace.

clinic is completed.

According to Willey, in addition to a dedicated therapy pool, the new center will have a State of the Art athletic performance center for individuals who want to take their performance to the next level.

"Currently, there is no athletic performance development center in the Central Valley," says Willey. "The nearest is in the Pleasanton area where professional athletes from the Raiders, 49'rs, Athletics and Giants work out to improve their performance."

"We're developing a athletic performance program that will help area high school and college athletes improve their performance," says Willey. In addition to therapy staff the new Center will include highly skilled athletic and exercise trainers who will work individually with athletes and clients to develop a realistic performance goal plan.

"We will soon contact area high schools, colleges and universities to introduce them to our new center," Ismail said.

Locations

**1335 Coffee Rd
Suite 200, Modesto
576-1946**

**1130 Coffee Rd
Suite 6A, Modesto
576-1078**

**1729 N. Olive St
Suite 1, Turlock
667-1729**

**1400 Standiford
Ste 11, Modesto
576-0710**

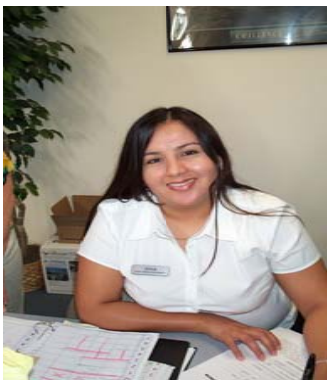
**Visit us at
www.goldenbearpt.com**



Maria Villarreal
Front Office Coordinator
1400 Standiford



April Jones
Front Office Coordinator
1335 Coffee Road



Alma Arroyo
Front Office Coordinator
1130 Coffee Road
Hand Clinic

New Clinic Pool To Offer Many Treatment Options



Physical Therapy Assistant and water therapy specialist, Nancy McEver assists a recovering spinal surgery patient. The patient says water therapy is immensely helpful.

When the new Golden Bear Physical Therapy and Sports Injury Center opens in November, it will include the only outpatient clinic-based therapy pool anywhere in Stanislaus County. What that means to patients that can benefit from pool therapy is a convenient, consistent and dedicated pool therapy center. Most other services are associated with health clubs where patients have to share the pool with other members.

The Benefits

The unique properties of water allow patients to experience a therapeutic environment that cannot be replicated with most conventional treatments:

- The buoyancy of water unloads joints and enables greater pain-free movement.
- The neutral warmth of water decreases pain and relaxes muscles.
- The resistance of water provides excellent medium for increasing strength and endurance

Who Can Benefit?

Pool therapy may be beneficial if you are under a physician's care for an acute or

chronic injury or condition. These may include, but not be limited to:

- Orthopedic /sports injuries
- Work injuries
- Post-surgical rehabilitation
- Neurologic injuries
- Chronic pain
- Arthritis
- Back or Neck Injuries
- Joint Replacement

What is included?

Following an evaluation, one of our licensed therapists will design a program of movement and exercise to meet your individual needs. Group sessions will be available and all programs are supervised by a licensed therapist. Sessions are conducted in a warm therapeutic pool at variable depths. It is handicapped accessible.

Costs of the pool therapy vary depending upon insurance. Call us at 576-0710 to verify insurance coverage.

Pool therapy in Turlock will continue at In-Shape City in Turlock.

Two Doctors of Physical Therapy Join Golden Bear Clinical Team

Golden Bear Physical Therapy and Sports Injury Center continues to grow its business and its staff. “We are very pleased to announce the addition of two new therapists to our clinical team,” Bobby Ismail, CEO said recently. “Leah Leonard and Anthony Mikla joined us in October.” Both Leonard and Mikla are recent graduates of the University of Pacific Doctorate in Physical Therapy program. That brings the total of three Doctorate trained physical therapists in Modesto, and all are at Golden Bear Physical Therapy.

“Medicine changes every day,” says Ismail, “and we believe in staying abreast of the changes by having people with great attitudes and skills. Leah and Tony have both.” **Leah Leonard** is a doctoral graduate of the University of the Pacific in Stockton, where she also earned her

Master of Science Degree in Physical Therapy. She has worked in both inpatient and outpatient therapy settings and she is a certified strength and conditioning specialist. She will primarily work in Golden Bear’s Turlock location.

Anthony (Tony) Mikla graduated from UOP with a doctorate in physical therapy. While at UOP he worked with the University’s Athletic Department as an athletic performance graduate assistant. He was directly responsible for the men’s and women’s water polo team women’s tennis team and men’s golf team. In addition he has worked in a variety of inpatient and outpatient physical therapy settings to give him broad experience in different practice locations. He has also taught student athletic trainers in athletic performance proficiency.



Leah Leonard, DPT,
CSCS



Anthony Mikla, DPT,
CSCS

Team Effort Drives Golden Bear’s Success

“Delivering high quality physical therapy services takes more than the efforts of highly qualified clinical professionals,” proclaims CEO Bobby Ismail.

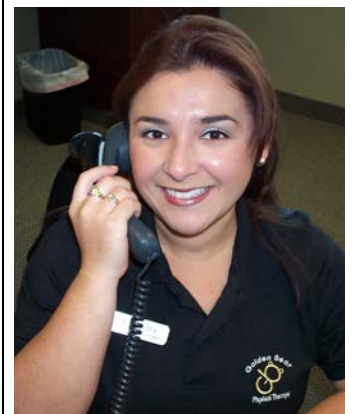
“Behind every successful clinical practice is a cadre of dedicated professionals that help us get our jobs done every day,” says Steve Toy, Clinical Manager of the Coffee Road Physical Therapy Clinic. “I’m always impressed by our staff’s ability to handle the day-to-day operational requirements of managing his practice.”

Shelle Dias, Office Manager

brags that the non-clinical staff is the backbone of the practice.

“Someone has to answer every phone call, and someone has to call every day to get insurance verification and someone follows up with all billing issues. This newsletter identifies some of the heroines who make Golden Bear Physical Therapy successful.

Our next publication will highlight other important clinicians who serve to complete the clinical team at Golden Bear Physical Therapy and Sports Injury Center.



Alejandra Villanueva
Turlock Front Office Coordinator

From the CEO:

I'm very excited about the developments at Golden Bear Physical Therapy and Sports Injury Centers. As you have read through this issue, you see that we continue to add outstanding therapy professionals to our staff. In addition, we have been developing our support staff. Recently seven of our staff completed extensive customer service development in order to better serve everyone with whom we have contact. The new Clinic that will open in November will be one of the most advanced therapy and strength development centers in the San Joaquin Valley. Our relatively new clinics in Modesto and Turlock reflect the energy and enthusiasm we have for all our patients and referring physicians. Thank you to everyone who continues to help us grow. Bobby Ismail, MSPT, CEO

Quality Commitment from Golden Bear Physical Therapy

Golden Bear Physical Therapy and Sports Injury Center in Turlock growth can be attributed to its ongoing commitment to quality according to Bobby Ismail, CEO and MSPT.

“We’re proud that Golden Bear Physical Therapy is able to sustain our high quality of care and service as we grow with the Turlock community.” Ismail says. “The addition of Anthony Salafia, as our clinic manager and Leah Leonard allows us to schedule more patients and deliver the quality of services our customers expect.” Anthony Salafia, PT, MA joined Golden Bear Physical Therapy last summer. Leah Leonard is highlighted on page 3.



One on one therapist to patient ratio's is one of the hallmarks of Golden Bear Physical Therapy. Bobby Ismail, MPT, offers encouragement to one of his patients.

Golden Bear Physical Therapy
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